

Deb Dana
Engaging the Rhythm of Regulation: A Polyvagal
Theory of a Guided Approach to Therapy
Location: ZOOM
April 15th and 16th 2021

DAY-ONE		
Time	Task	NOTES
8:15-9:00 AM	Registration MAIN ROOM and Break Out Rooms for Networking	
9:00-10:30 AM	Introduce Deb Dana Participant introduction and Question Section 1: The Organizing Principles of Polyvagal Theory	
10:30-45 AM --- BREAK -Shontelle available for people from 1035 to 1045 if there are ?'s		
10:45-12:00 PM	Section 2: Mapping Autonomic Pathways	
12:00-1:00 PM --- LUNCH and break out rooms		
1:00-2:30 PM	Section 3: Patterns of Connection and Protection	
2:30-2:45 PM --- BREAK		
2:45-4:30 PM	Section 4: The Social Engagement System	

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DAY-TWO		
Time	Task	NOTES
8:15-9:00 AM	Registration	
9:00-10:30 AM	Section 1: Regulating Resources	
10:30-10:45 AM --- BREAK		
10:45 AM-12:00 PM	Section 2: Shaping the System	
Noon-1:00 PM --- LUNCH and break rooms		
1:00-2:30 PM	Section 3: Portals of Intervention	
2:30-2:45 PM --- BREAK		
2:45—4:15 PM	Section 4: The Polyvagal Guided Therapist	